

**diabetes is
different for
children**

It is time for change



How youth ambassadors can take part: Japan

Hirokazu Kono, Tatsuzo Sakamoto

Kyoko Akashi, Daitetsu Hirayama, Koki Oyama



DAWN
Diabetes Attitudes Wishes & Needs
YOUTH


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Key contents

- Profile of six youths
- Implementation strategy
- Proposals
- Timeline and budget overview



Profile of six young people

- Kyoko Akashi (20s): national registered nutritionist and supplement advisor
- Daitetsu Hirayama (30s): hospital pharmacist
- Hirokazu Kono (20s): Sophia university student
- Koki Ohyama (20s): precision analysis engineer at a private company
- Tatsuzo Sakamoto (30s): local civil servant and a member of the Pediatric Committee of Japan Association for Diabetes & Care (JADEC)
- Shingo Yamamoto (30s): national registered nutritionist in hospital



Implementation strategy

- The six youths will continue to work as a core team and may establish a working group for each project
- We work together to drive the projects with other young patients to meet their needs
- We also call on cooperation from people around patients, including parents, caregivers, school/Yogo teachers
- All projects will be implemented as part of JADEC's activities, so that voices are heard by policy makers



Development of a website for young people with diabetes

Develop a website to meet young patients' needs and provide appropriate information on diabetes for those who want to learn about diabetes

Issues and unmet needs

- JADEC has a membership of only 100,000 at present that does not include many young patients
- JADEC has a website, but it doesn't include information to attract young people as well as people who want to learn about diabetes

Expected outcome

- The website will attract more people, which may result in increased membership
- It will provide specific information for those who are searching for answers and also help those who suffer alone



Camp manual for staff members

Develop a set of manuals for staff members to standardise operations and make camps function fully as team care

Issues and unmet needs

- The knowledge staff members have on diabetes varies
- The Summer Camp does not fully function as team care

Expected outcome

- Participants will understand better both their roles and those of others, which will result in more effective operation of camps and a full functioning team care
- The quality of camps will improve and be standardised nationwide



Mini camp for children with type 2 diabetes

Hold a mini camp for obese children and children with type 2 diabetes

Issues and unmet needs

- The number of obese children and children with type 2 diabetes is increasing, but the patients/families are not adequately taken care of
- No camp has been conducted for children and adolescents with type 2 diabetes

Expected outcome

- Children and parents will learn what needs to be improved in their lifestyles
- School/Yogo teachers will learn practical knowledge that can be used at school



Diabetes camp summit

Ask the International Diabetes Federation (IDF) to consider holding a camp summit to develop future leaders

Issues and unmet needs

- An international camp is no longer held
- Young patients miss the opportunity to enhance their skills and knowledge to engage in national and international activities

Expected outcome

- Participants will become leaders to drive national activities
- The quality of camps worldwide will improve by the sharing of better practice

